

	Vaccine Type	Adult Vaccine Recommendation	Dose(s)
☐	Diphtheria provided as Td or Tdap	• Everyone	Booster every 10 years
☐	Dukoral®	• Travellers, depending on destination	Taken orally, 2 doses taken 1-6 wks apart; last dose taken at least 1 wk before travel Revaccination: • If up to 5 years since last dose: 1 dose • If more than 5 years since last dose: 2 doses
☐	Hepatitis A Avaxim®, Havrix®	• People with certain medical, occupational, or lifestyle risks • Travellers to high risk destinations	• Avaxim®: initial dose plus 1 follow-up dose 6-36 months later • Havrix®: initial dose plus 1 follow-up dose 6-12 months later
☐	Hepatitis B: Engerix-B® Recombivax HB® Twinrix®	• People with certain medical, occupational, or lifestyle risks • Adults living communities or traveling in destinations that are high risk	• 3 doses: initial dose plus 2 follow-up doses at 1 and 6 months later OR • 4 doses (rapid schedule): initial dose plus 3 follow-up doses at 7 days, 21 days & 1 year later OR • 4 doses (accelerated schedule): initial dose plus 3 follow-up doses 1, 2 & 12 months later
☐	Herpes zoster (shingles) non-live vaccine (Shingrix)	• Adults 50 years or over; adults 18 years and older who are immunocompromised or increased risk due to immunodeficiency or immunosuppressive therapy	• Shingrix: 2 doses (2-6 months apart)
☐	Human papillomavirus (HPV) Gardasil®9	• Women 18 to 45 years of age • Men 18 to 26 years of age with lifestyle or other risks • Men 27 years of age and older at continued risk of exposure	3 doses (initial dose plus 2 follow-up doses 2 months and 6 months later)
☐	Influenza (flu)	• Adults and children 6 months of age and over	Annually
☐	Measles/mumps/rubella (German measles) - MMR MMR®II, Priorix®	• Adults born before 1970: 1 dose if travelling, have certain medical conditions, or have occupational risk • Adults born in or after 1970 who have not had the disease: 2 doses	or 2 doses, 4 weeks apart
☐	Meningococcal infection ACYW-135 (Menactra®)	• People with specific medical conditions, travellers to certain destinations and those living in communal residences, including students and military personnel	• 1 dose • Revaccination every 5 years if at continued risk
☐	Meningococcal B (Trumenba®)	• Adults who are medically high-risk • Adults with occupational risk • Travellers to certain high risk destinations	• An initial dose plus a follow-up dose 6 months later; people at high risk: initial dose plus 2 follow-up doses 1 month and 4-6 months later
☐	Pertussis (whooping cough) provided as Tdap	• During each pregnancy	Once if no prior pertussis vaccination in adulthood
☐	Pneumococcal infection Pneumovax®20 Pneumovax®23	• Adults 18 yrs and over at risk of pneumonia due to underlying condition • Immunocompromised adults • Adults 65 years of age and over • Adults living in residential care or assisted living facilities • Adults with medical or lifestyle risks	Pneumovax®20: 1 dose Pneumovax®23: 1 dose plus a booster shot in 5 years for those who are immunocompromised
☐	Tetanus (lockjaw) provided as Td or Tdap	• Everyone	Booster every 10 years
☐	Varicella (chickenpox)	• People who have not had the disease or been vaccinated	2 doses, at 4-8 weeks apart depending on vaccine brand
☐	Additional travel vaccines	• Vary by destination; consult a travel health clinic or pharmacy with travel health designation, your doctor, or local public health unit	Vary depending on vaccine
☐	Respiratory syncytial virus or RSV	• 60+, adults with health risks, or pregnancy (32-36 weeks)	• 1 dose